

Kendall Yards – COVID Fitness Center Reopening

Policies and Procedures

Please read these policies and procedures carefully before entering the fitness area. If you have questions, please contact the Welcome Center for clarification. Anyone found in violation of these policies will have their access removed. Cameras are in use in the space to ensure everyone's safety and adherence to policies. These policies and procedures are subject to change at any time.

Hours of operation and Access control

- The fitness center will be open 7 days per week from 6:45am to 9:00pm
 - Hours are subject to change depending on staffing availability
- The lounge area will remain closed.
- The building and hallway entry door can be accessed using your pre-purchased key fob. The exterior door from the Centennial Trail will not be accessible using key fobs.
 - Fitness center users are required to enter these spaces using their own fob only.
 - RPM staff will verify fob entries with corresponding appointments on a daily basis.
 - If a key fob is used to enter the fitness center without an appointment, access to the fitness center will be terminated.
- Two appointments at a time will be offered for 45-minute time slots, restricting the occupancy to no more than 2 people at any one time.
 - **Guests or invitees, will not be allowed to use the facilities during this reopening phase. Only the person who signs up may enter the facility.**
 - One appointment will be for the yoga/aerobic studio, and one appointment will be for the cardio/weight training area.
 - If anyone is found to not be honoring the rules and time limits, fob access will be terminated.
 - The sign up calendar can be found at <http://www.kendallyardsboa.com/forms.html>
 - **Appointments must be made before entry.**
 - No phone calls or emails to sign up for fitness center access will be accepted at this time.

PPE utilization

- **Masks must be worn at all times while in the building hallways and fitness center.**

On-location physical distancing and sanitizing

- CDC Social Distancing Protocols must be adhered to at all times while utilizing the facility
- Equipment that is turned off or otherwise marked out of order shall not be used in order to create appropriate physical distancing
- The shower room will not be open. Bathrooms are located in the main hallway.
- Cleaning wipes are provided. Please wipe down equipment before and after use.

Hygiene

- All fitness center users should follow these guidelines in an effort to protect themselves and others:
 - Wash hands often with soap and hot water for at least 20 seconds
 - Avoid touching eyes, nose, or mouth with unwashed hands.
 - Cover mouth and nose with a tissue when you cough or sneeze, then throw the tissue in the trash and wash your hands

- Stay home if you are sick
- Stay home as much as possible

Symptom monitoring

- If you have a fever or COVID like symptoms, please do not enter the fitness center.
- Fitness center users are required to take their temperatures before entering the facility
 - If the fitness center user has a temperature, they should not enter

Incident reporting

- Anyone who tests positive for COVID after entering the fitness center is required to report this to the Welcome Center
 - We will not share your name with other facility users, but this will allow us to communicate possible exposure to others who have used the facility and take appropriate steps to close and sanitize the facility

Exposure response procedures

- If we are notified that someone who has used the fitness center has tested positive, we will close the facility until our commercial cleaning company can do a thorough disinfecting and cleaning of the entire facility